Take Control of Your Body

with Astrology

by Diane L. Cramer, M.S.

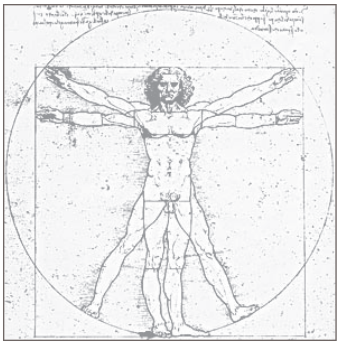
December 3, 2000
NCGR Conference, New York City

Introduction

Welcome! What we are going to do today is cover several different astrological topics to help you look at the birthchart. Our purpose is to try and see what we can do to minimize future health problems. I want to combine modern astrology with traditional astrology. In modern astrology you supposedly have more control over your life. So I was thinking of how we could apply that to medical astrology.

Traditional astrology would say, that's it, you've got this in your chart, it's going to happen to you, you have no choice. And modern astrology might say that it's your fault; it's too bad you've got this. Well, I don't believe either one of those is quite true. I think it is somewhere in the middle where you can learn to identify the problems in your chart, the weak points. Then you can build them up so that if and when you get a conglomeration of transits, progressions and eclipses—because that's what it's going to be if something severe happens to you—you'll have a stronger body. You will already know where to expect a certain problem and you will be prepared. But the rest we can't control and we'd be silly if we think we could.

First we are going to explore how your personality traits could affect your health. We'll be sure to cover the elements and quadruplicities. Mind you, I'm not doing my general introductory lesson. How may of you have been to my lectures? So some of you have seen me do the points, etcetera. Today we're going to do the South Nodal Chart which was introduced by Robert Jansky. I'll give you chart paper to show you how to identify weaknesses in your body. This is an alternative way to get information besides using the natal or birth chart. Next we'll cover heart disease as it



DID YOU KNOW THAT...

If you don't know your chart, you're missing out on some important information about your life. Get an astrologer to calculate it for you. Visit dianecramer.com for more info.

NOTE: This is a transcript of a lecture given at a recent conference of the National Council on Geocosmic Research, NCGR. It has been edited for consistency and clarity.

* Please read the disclaimer at the end of this article for important information. Always consult with a licensed health care practitioner when you have a medical condition that requires attention.

Diane L. Cramer
MEDICAL ASTROLOGY

AUDIENCE: *You said Cancer and what?*

DC: Cancer and Aquarius, or take the second chart where Uranus is elevated and there is a connection with the planets in Cancer. You will see that it could be the valves of the heart. This would get Leo and Aquarius involved. If you have afflictions to the Sun, it could be heart trouble in general as the Sun rules Leo. Especially Sun-Neptune and Sun-Pluto connections. This is a signature combination for heart disease. Sun, Mars, Uranus can be a heart attack.

I wouldn't have gone into this now if I had not given these charts to you today. Use this to further study at home. Also, there are more cases of heart disease in my book. The fixed cross—Leo, Aquarius, Taurus and Scorpio—shows up as heart disease. And all of these charts show this. I'm just using the words heart disease. I'm not saying what type of heart disease it is.

AUDIENCE: *Are you talking about the natal chart and transits?*

DC: I'm certainly talking about the natal chart, but you can't discount a planet moving over a configuration and triggering something off, such as maybe you had a Sun-Mars aspect and Uranus hits it and Leo and Aquarius is involved, I mean, this could indicate heart trouble.

AUDIENCE: *I just got confused; we're concentrating on the natal chart?*

DC: Yes, we're doing natal now.

The Precursor: Jupiter-Saturn in Hard Aspect

By the way, Jupiter-Saturn in hard aspect is one of the strongest indicators that I have found—hard aspect or conjunction—for cholesterol buildup leading to heart disease. I have seen this in many charts. Look, Schwarzenegger has the square and the first chart has the sesquiquadrate. David Letterman has an out-of-sign Jupiter-Saturn trine which is not usually a problem. The reason you can't use it every time is that sometimes Jupiter-Saturn can be liver disease. At other times it is gallbladder disease. That is why you can't diagnose with medical astrology. Just because you see a Jupiter-Saturn in hard aspect doesn't mean you will have heart trouble. But if you see a hard aspect of Jupiter-Saturn connected with the fifth or eleventh houses, the heart and circulation, the signs Leo and Aquarius involved, 5 and 11, and afflictions to the Sun, you might have problems with cholesterol or hardening of the

REMEMBER..

Look at the strong and weak planets in a chart. The position of Saturn in the chart indicates the weakest part of the body. Saturn in Leo is an indication of potential heart problems, but it could also be a weak back.

Cancer and Aquarius may have to do with the valves of the heart.

Afflictions to the Sun could be heart trouble in general.

Connections to the fixed cross—Leo, Aquarius, Taurus and Scorpio—are indicators of heart disease.