PREDICTIONS & YOUR HEALTH

in medical astrology



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CONTENTS

Introduction 3

What is Homeopathy? 4

Cell Salts 5

Cell Salts for the Zodiac Signs 7

Herbs 12

Conclusion 17

Endnotes & References 18

About the Author 19

Disclaimer 20

Please read the disclaimer at the end of this article for important information.
Always consult with a licensed health care practitioner when you have a medical condition that requires attention.

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In this lecture we will combine predictive techniques with the use of homeopathy and cell salts. Recently I began studying homeopathy, which matches disease symptoms with the remedy. I did this because when my first book was republished—*How To Give An Astrological Health Reading*—the AFA[a] asked me to write a chapter on homeopathy.

When you use homeopathic remedies, you have to take into account the symptoms as well as the underlying problem. Let's say you are getting a Saturn-Neptune combination by transit. That could cause a lot of anxiety. So you look up in a book of homeopathic remedies the word "anxiety" and it will list a remedy. Boiron puts out a free booklet of various symptoms.[b] You can also find homeopathic remedies that are intended to treat symptoms such as anxiety in health food stores. There are hundreds of remedies which combine various symptoms but today we are just starting with some

basics of homeopathy. You need a homeopathic practitioner for more help. But when you are looking at your own particular symptoms to try to pick a remedy, you will find it can be as specific as stating that the symptoms are improved by fresh air and worsened by heat or vice versa. Or it is worse in the morning and better in the afternoon, etcetera. This is how detailed homeopathy gets.

How many people here know anything about homeopathy? You might know more than I do. I don't claim to be a homeopathic practitioner or an herbalist. But I will teach you what I have learned so far. For additional resources, check at the end of the article for a reference list.

WHAT IS HOMEOPATHY?

Homeopathy was used mostly in the 1800s but it goes back to Hippocrates in that it is called "the law of similars." This means that you are given a remedy that has the properties of the symptoms. And how do they know which remedy works? They gave particular remedies to people in good health who produced the symptoms that the remedy is now prescribed for. And that is how they know what to give a patient.

In other words, homeopathy seeks to treat with a similar remedy so as to support the problem. For example, if you have a fever or inflammation then the cure must be a remedy which produces a similar condition. If you have a particular muscle pain, then the remedy should also produce a similar pain in a healthy person. However, even though it produces the condition, it should do it without seriously aggravating the condition. The cure should help the person to combat the disease.

Medicine that we use today suppresses disease symptoms. If you have a headache, let's get rid of it. Homeopathic remedies, rather, stimulate the symptoms and bring them out. It is like an irritant that causes you to be cured, supposedly.

So why isn't everybody using homeopathic remedies? Two reasons. The first was the use of antibiotics with the discovery of penicillin. Homeopathy began to go out of style around the time penicillin was discovered. It is still used extensively in Europe and only beginning now to get popular in the United States.

ABOUT THE AUTHOR

Diane L. Cramer, M.S. is a certified (Level IV, NCGR) consulting astrologer, lecturer and teacher in all aspects of astrology in New York City. She is an expert in the various disciplines of astrology including natal chart interpretation, long-term forecasts, solar return interpretation, and chart comparison. She specializes in writing and instructing on medical astrology and nutrition and has published four books: *Managing Your Health & Wellness* (Llewellyn), *How to Give an Astrological Health Reading* (AFA), *Dictionary of Medical Astrology* (AFA) and *Medical Astrology: Let the Stars Guide You to Good Health* (Jove Press). She prepares health readings based on the natal chart.

Diane has Masters and post-Masters degrees in Education from Hunter College in New York City, and a BA in English, Speech and Journalism from the University of Florida. Diane is a member of the education faculty of the NCGR in New York City and has published articles on medical astrology in both the NCGR Journal and the AFA Bulletin as well as the Uranian Journal of the Uranian SIG. She has also been featured in Dell Horoscope. Diane lives in New York City.

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Books by Diane Cramer

Managing Your Health & Wellness
How to Give an Astrological Health Reading
Dictionary of Medical Astrology
Medical Astrology: Let the Stars Guide You to Good Health

Lectures and Articles by Diane Cramer

The Astrological Chart as Indicator of Disease
The Lunar Nodes in Medical Astrology
Astrology & Weight Loss
How to Identify Heart Disease in the Astrological Chart
The Astrology of Colon Disorders
Workplace Stress - How to Recognize It; How to Treat It
Improve Your Health with Astrology