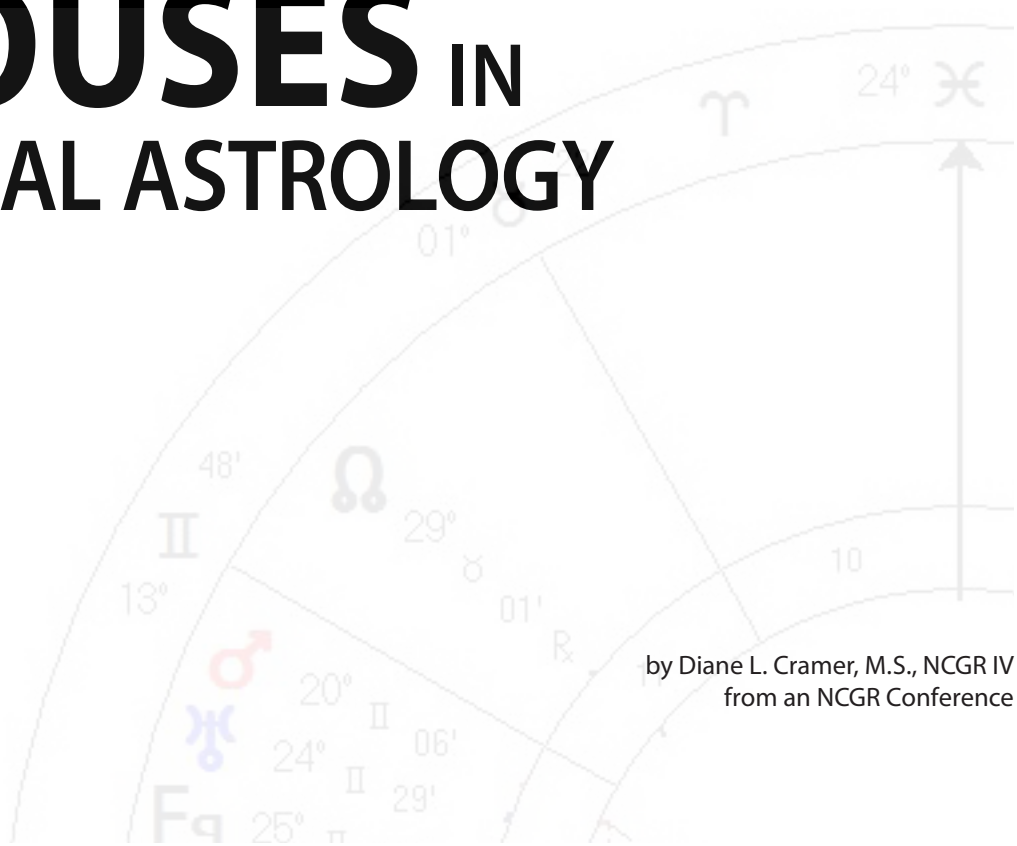
THE HOUSES
IN MEDICAL ASTROLOGY



a lecture by

DIANE L. CRAMER

THE HOUSES IN MEDICAL ASTROLOGY



by Diane L. Cramer, M.S., NCGR IV
from an NCGR Conference

CONTENTS

Introduction 3

How to Understand the Houses 4

The Meaning of Polarities 7

The Meaning of the Houses 9

Conclusion 30

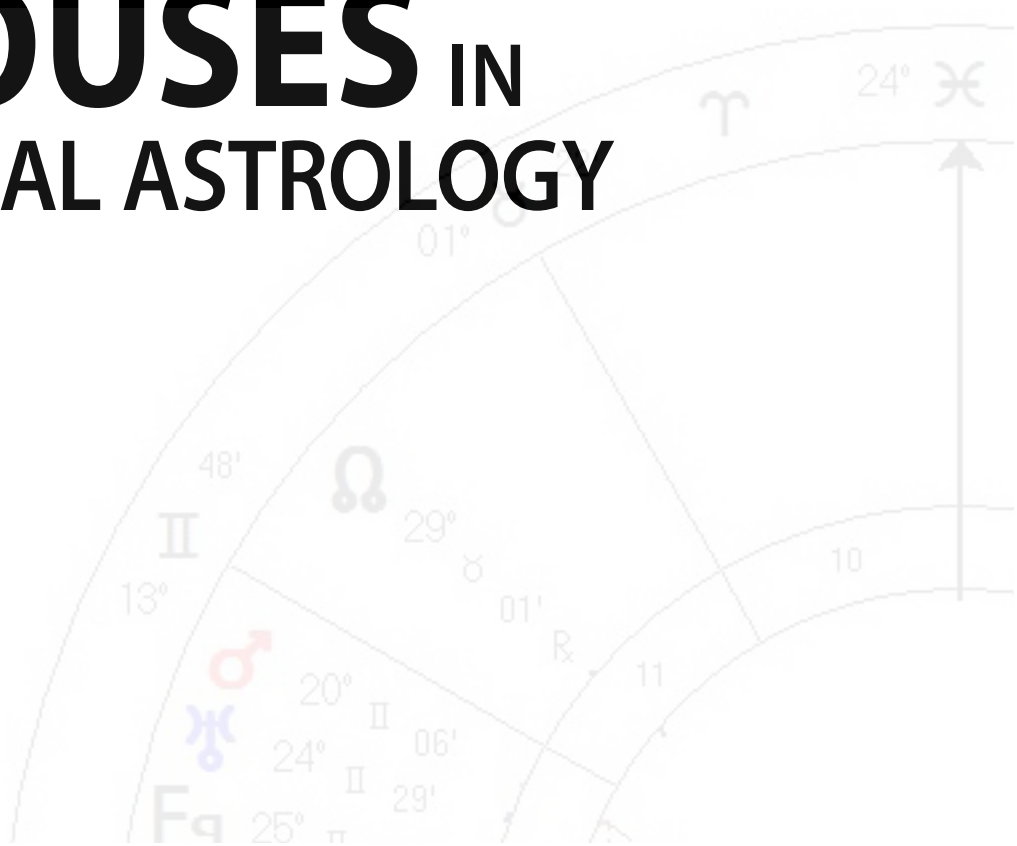
References 32

About the Author 33

Disclaimer 34

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Always consult with a licensed health care practitioner when you have a medical condition that requires attention.

THE HOUSES IN MEDICAL ASTROLOGY



The easiest way to describe how the houses work is, if you know anatomy and you know what the signs mean, you know that Aries is the head, Taurus is the throat and neck, Gemini the arms and hands, Cancer the stomach and so forth.

There is an anatomical affinity with the signs of the zodiac. So if you are looking at the fourth house, you are looking at the sign of Cancer and the stomach and breasts, also the womb. I will give details on each house, but remember that each house corresponds to its natural sign in the zodiac. Just go from Aries to Pisces and you end up at the feet which are ruled by the twelfth house—it is also associated with the immune system. Leo is the heart and the lower back, Virgo is the intestinal area, Libra the kidneys and the upper back, etcetera. I am not trying to teach you medical astrology as it is too vast a subject for one lecture. The information I give you today

applies only to the houses. For the meanings of the signs in medical astrology please see either my book *How to Give an Astrological Health Reading* (AFA) or *Managing Your Health and Wellness* (Llewellyn).

HOW TO UNDERSTAND THE HOUSES

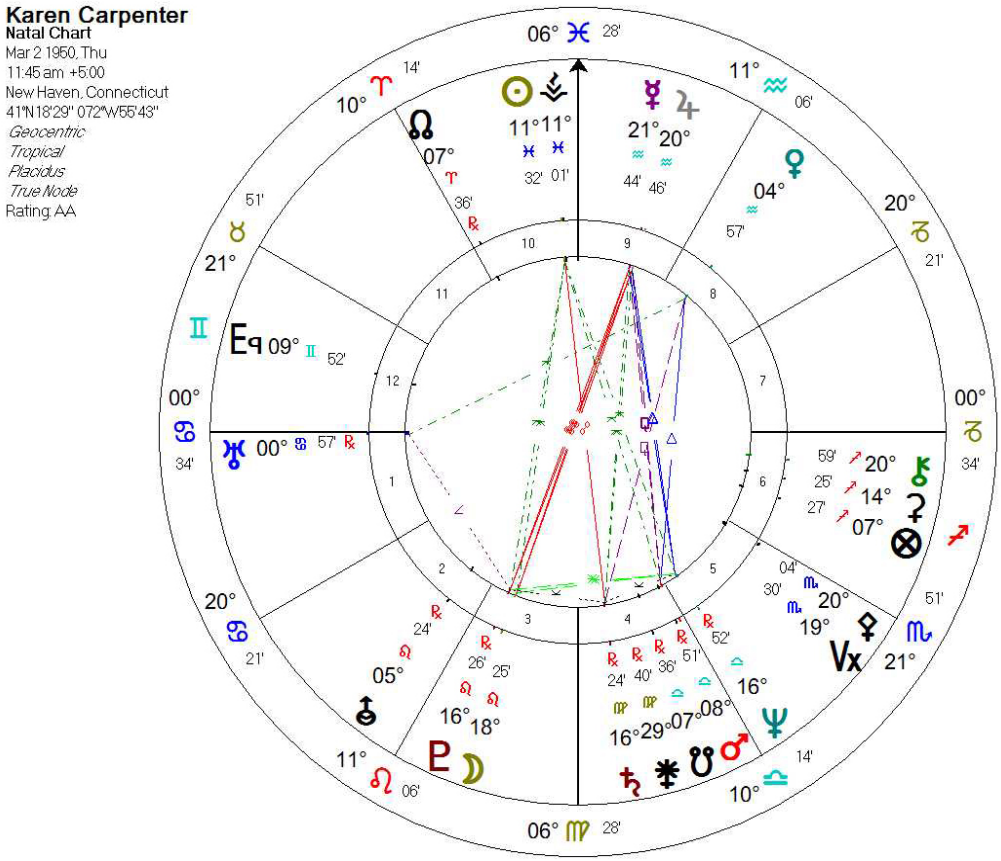
The first way to understand the houses is that if you have a stellium or an emphasis in a particular house, you might have an issue associated with the sign of that house or its ruler. The charts I picked, which were pretty arbitrary, point out cases with influences in various houses—for example, an emphasis in the third house could be related to the sign Gemini or its ruler Mercury. Mars rules Aries so first house problems or first house diseases could be related to the nature of Mars. Mars rules accidents and head injuries and Aries is also the head. Sometimes an emphasis in the first house describes someone who acts in a Martian way—active, aggressive, impatient—no matter what sign is rising.

You have to look at the houses in terms of the anatomical meanings of the signs—Aries to Pisces—then the ruler of the house and how it affects disease in terms of physiology. So if you are looking at the second house you are looking at the natural house of Taurus. Taurus is the throat area among other meanings. What is Taurus ruled by? Venus. What is a Venus problem? It could be sugar-related. It could be equilibrium. It could be diabetes. I'm still introducing you to the houses. We will get into more details of what the houses are like. So various diseases are associated with each sign, and then there are diseases associated with the ruler of the sign. You can take it literally also. By the way, in my third book, *Managing Your Health and Wellness*, there is a chapter on the meanings of the houses and a description of the planets in each house.

Houses can be classified by type. You have the houses of health: the first, the sixth, the eighth and the twelfth. Then you have the earth houses that are all related to nutrition. You also have houses that work in combination which I will also discuss. Some houses belong in groups such as houses relating to the physical body and eating habits and what we like to eat, so let me give you that first.

The second house—now think about it—it is the natural house of Taurus, an earth sign. It rules the senses so therefore refers to your sense of taste. It can have to do with the foods you like and dislike. We are talking about groupings of houses that have to do with food. Taurus can negatively refer to gluttony or excess, therefore sometimes when you see a stellium in the second house it could refer to someone with a weight problem or a potential for diabetes. Many times being overweight can lead to diabetes. This is very simplified but helpful in getting an understanding of how the houses work.

The fourth house has to do with eating disorders. It has a lot to do with how your parents influenced your eating habits. That is because we are all brought up to eat a certain way and the fourth house is associated with the home and family. So eating disorders have a lot to do with the fourth house. A good example is Karen Carpenter who died from anorexia; she had Saturn in the fourth which can indicate food deprivation. Her Moon-Pluto conjunction could have made her an extremist also.



ABOUT THE AUTHOR

Diane L. Cramer, M.S. is a certified (Level IV, NCGR) consulting astrologer, lecturer and teacher in all aspects of astrology in New York City. She is an expert in the various disciplines of astrology including natal chart interpretation, long-term forecasts, solar return interpretation, and chart comparison. She specializes in writing and instructing on medical astrology and nutrition and has published four books: *Managing Your Health & Wellness* (Llewellyn), *How to Give an Astrological Health Reading* (AFA), *Dictionary of Medical Astrology* (AFA) and *Medical Astrology: Let the Stars Guide You to Good Health* (Jove Press). She prepares health readings based on the natal chart.

Diane has Masters and post-Masters degrees in Education from Hunter College in New York City, and a BA in English, Speech and Journalism from the University of Florida. Diane is a member of the education faculty of the NCGR in New York City and has published articles on medical astrology in both the NCGR Journal and the AFA Bulletin as well as the Uranian Journal of the Uranian SIG. She has also been featured in Dell Horoscope. Diane lives in New York City.

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Books by Diane Cramer

Managing Your Health & Wellness
How to Give an Astrological Health Reading
Dictionary of Medical Astrology
Medical Astrology: Let the Stars Guide You to Good Health

Lectures and Articles by Diane Cramer

The Astrological Chart as Indicator of Disease
The Lunar Nodes in Medical Astrology
Astrology & Weight Loss
How to Identify Heart Disease in the Astrological Chart
The Astrology of Colon Disorders
Workplace Stress - How to Recognize It; How to Treat It
Improve Your Health with Astrology

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For more information on specific astrological configurations, see
www.bobmarksastrologer.com

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